

Latency recording sheet

Time how long it takes to start after an instruction, when how fast it starts is the question.

- 1. Say the instruction once, in the same words each time.
- 2. Start timing when you finish speaking. Stop at the first move you defined.
- 3. Write the seconds. Shorter is the goal.
- 4. No start within your limit, say 2 minutes? Write the limit and note it.

Learner (initials or a code)Instruction, said onceFirst move that counts

The grey row is a made-up example.

Date	Time said	Time started	Seconds	Notes
9/23	4:00:00	4:01:30	90	Pencil on paper