

Duration recording sheet

Time how long a behavior lasts, when how long matters more than how often.

- 1. Write a start rule and an end rule first, such as "ends after 10 seconds of calm."
- 2. Write the time each episode starts and stops.
- 3. Seconds = stop minus start. Add them up for the session total.
- 4. Total ÷ session length × 100 = the percent of the session it filled.

Learner (initials or a code) _____ Behavior _____ Observer _____

Start rule and end rule

The grey row is a made-up example.

Date	Episode	Start	Stop	Seconds	Notes
9/23	1	10:02:10	10:04:40	150	Began at clean-up